



VPL – Rejuvenation Treatment Client Information

Treatment Plan

- @Science of Skincare, we are able to offer a treatment to reduce the colour of pigmented lesions caused by sun damage, using Intense Pulsed Light technology.
- A doctor's letter confirming that no skin cancers are present is required before commencing treatment.
- One treatment is often enough to see stunning results, but 2 or 3 may be needed for optimal results.
- Treatments are performed at 4 to 6 weekly intervals.
- Results will vary. Not all pigmentation will fade. Usually sun damage typically seen on backs of hands, forearms, décolletage and face will respond well.
- Hormonal pigmentation and other pigmentation with a medical cause may not respond, or will have minimal results.
- It may be difficult to assess the degree of results before treatment commences, but one initial treatment will give an indication as to whether the pigment is likely to reduce, then further treatments can be done if needed.

Sun Issues

- Intense Pulsed Light is attracted to melanin, the pigment [colour] found in hair and skin.
- For pigmentation treatments, the light will be attracted into the pigmented mass.
- Some skins may be too dark for safe treatment, as the light can be attracted to the melanin in the skin surrounding the sun spot or pigmented area and cause hyper or hypo pigmentation. [increase or loss of colour in the skin.]
- A recent tan is also a potential problem as the light will be attracted to the melanin in the skin surrounding the pigmented lesion causing hyper or hypo pigmentation. We recommend you avoid sun exposure on the treatment area for at least 6 weeks pre and post treatment. At all other times use a 30+ sun block.
- Sun beds need to be avoided in the same way as sun.
- Spray on and instant tan products are pigments. The skin should be clean of any such products before each treatment.
- If you are having rejuvenation or pigmentation treatments on the hands, wear cotton gloves when driving, gardening or playing outdoor sports.

A 30+ sun block should be applied to treatment areas if there is any likelihood of sun exposure, however strong the sun and whatever time of the year.



Post - Treatment Care VPL Rejuvenation

What to Expect

- Pigmented areas will darken noticeably within a few hours of treatment. This is expected and a normal reaction.
- The skin can have a “dirty”, scabby look which can last from 3-4 days to 2-3 weeks.

Care of Treated Area

- Apply after-care / healing products as recommended by your technician. It is important that you follow the recommended routine to ensure best results.
- Do not pick or scratch the area. Treat gently.
- The dark, scab-like areas will eventually fall off or just disappear, leaving new, young skin underneath.

Precautions

- Strict avoidance of sun on the area is essential.
- Wear 30+ sun block daily on exposed areas.
- If hands are treated, wear cotton gloves when driving.
- Faces need sun block daily, whatever the weather, and sun glasses and hat in sunny conditions.
- Life style issues need to be addressed, to reduce the condition arising again.