



## VPL - Vascular Treatment Client Information

### Treatment Plan

- @ Science of Skincare we are able to offer a treatment which will reduce facial vascular blemishes like the fine thread-like vessels found on cheeks and around the nose. Also general diffuse redness can be significantly reduced.
- Results will vary, occasionally minimal results may be obtained, but most people will see a significant improvement in the condition.
- Often at least 4 sessions are needed in an area to obtain optimal results.
- Treatments should be 4 to 6 weeks apart.
- You may need to come in to the clinic for periodic assessment between treatments.
- Treatment of the full face is usually performed in stages rather than the whole face in a single session. Your technician will advise on how to best treat the area.

### Sun Issues

- Although the treatment works by using wave lengths of light that are attracted to oxyhaemoglobin [found in blood], Intense Pulsed Light is also attracted to melanin, the pigment [colour] found in hair and skin.
- Some skins may be too dark for safe treatment, as the light can be attracted to the melanin in the skin and cause hyper or hypo pigmentation. [increase or loss of colour in the skin.]
- A recent tan is also a potential problem as the light will be attracted to the melanin in the skin surrounding the vascular condition, causing hyper or hypo pigmentation. We recommend you avoid sun exposure on the treatment area for at least 6 weeks pre and post treatment. At all other times use a 30+ sun block.
- Sun beds need to be avoided in the same way as sun.
- Spray on and instant tan products are pigments. The skin should be clean of any such products before each treatment.

**A 30+ sun block should be applied to treatment area if there is any likelihood of sun exposure, however strong the sun and whatever time of the year.**



## **Post - Treatment Care VPL - Vascular**

### **What to Expect**

- There is often significant swelling when facial diffuse redness or blood vessels are treated. This can last for up to 4-5 days before returning to normal.
- Some erythema or redness may be present and could last for a day or two.

### **Care of Treated Area**

- Use ice packs periodically throughout the first few days if there is any swelling of treated area.
- Apply after-care / healing products as recommended by your technician. It is important that you follow the recommended routine to ensure best results.

### **Precautions**

- Do not scratch or pick the area.
- Wear 30+ sun block at all times.
- Do not expose the area to sun for at least four weeks, preferably longer.

If you have any questions or concerns, please contact us immediately.